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# Nicotine can skew the characterization of the macrophage type-1 (M $\Phi$ 1) phenotype differentiated with granulocyte-macrophage colony-stimulating factor to the M $\Phi$ 2 phenotype

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#### ABSTRACT

Macrophages (M $\Phi$ s) exhibit functional heterogeneity and plasticity in the local microenvironment. Recently, it was reported that M $\Phi$ s can be divided into proinflammatory M $\Phi$ s (M $\Phi$ 1) and anti-inflammatory M $\Phi$ s (M $\Phi$ 2) based on their polarized functional properties. Here, we report that nicotine, the major ingredient of cigarette smoke, can modulate the characteristics of M $\Phi$ 1. Granulocyte-macrophage colony-stimulating factor-driven M $\Phi$ 1 with nicotine (Ni-M $\Phi$ 1) showed the phenotypic characteristics of M $\Phi$ 2. Like M $\Phi$ 2, Ni-M $\Phi$ 1 exhibited antigen-uptake activities. Ni-M $\Phi$ 1 suppressed IL-12, but maintained IL-10 and produced high amounts of MCP-1 upon lipopolysaccharide stimulation compared with M $\Phi$ 1. Moreover, we observed strong proliferative responses of T cells to lipopolysaccharide-stimulated M $\Phi$ 1, whereas Ni-M $\Phi$ 1 reduced T cell proliferation and inhibited IFN- $\gamma$  production by T cells. These results suggest that nicotine can change the functional characteristics of M $\Phi$  and skew the M $\Phi$ 1 phenotype to M $\Phi$ 2. We propose that nicotine is a potent regulator that modulates immune responses in microenvironments.

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## Introduction

Macrophages (M $\Phi$ s) exhibit many biological functions. The functional heterogeneity and plasticity of M $\Phi$ s depend on the local microenvironment [1,2]. M $\Phi$ s have polarized functional properties and can be classified into at least two types, namely classical M $\Phi$  (M $\Phi$ 1) and nonclassical M $\Phi$  (M $\Phi$ 2) [3,4]. M $\Phi$ 1 are differentiated by granulocyte-macrophage colony-stimulating factor (GM-CSF), have IL-12<sup>high</sup>IL-10<sup>low</sup> phenotype, participate in resistance against microorganisms and tumors, and are involved in Th1 immune responses. In contrast, M $\Phi$ 2 are induced by macrophage colony-forming factor (M-CSF), produce IL-10 but not IL-12, and promote anti-inflammatory responses, tissue remodeling and angiogenesis.

Tobacco smoking is associated with increased incidences of numerous diseases such as cancers, vascular diseases, chronic obstructive pulmonary diseases and periodontal diseases [5–7]. For example, smoking-induced immunosuppression, reduction of natural killer cell cytotoxicity, and inhibition of proinflammatory cytokine production and the microbicidal activity of alveolar macrophages [8,9], have been implicated in the immunopathogenesis of these diseases, although tobacco smoke may also ameliorate

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inflammation [10–12]. Nicotine is one of the main components of tobacco smoke and a selective agonist of nicotinic acetylcholine receptors (nAChRs). Although the expression of nAChRs was first discovered in the central nervous system, nAChRs are also present in non-neuronal cells. A recent study suggested that acetylcholine produced after vagus nerve stimulation inhibits the release of proinflammatory cytokines from M $\Phi$ s, and that nAChR $\alpha$ 7 is essential for the attenuation of proinflammatory cytokine production [13].

In this study, we hypothesized that nicotine exposure can modulate the differentiation of M $\Phi$ s. We demonstrate that nicotine promotes monocyte differentiation into IL-12<sup>low</sup> M $\Phi$ 1 (Ni-M $\Phi$ 1) with M $\Phi$ 2 features. Ni-M $\Phi$ 1 are associated with reduced allogenic T cell stimulatory capacity and Th1 responses, but generate IL-10-producing T cells. Our findings suggest the possibility that nicotine exposure is involved in the heterogeneity and plasticity of the monocyte-macrophage lineage.

# Materials and methods

Isolation of monocytes, and generation of  $M\Phi1$  and  $M\Phi2$ . The protocol for this study was reviewed and approved by the Institutional Review Board of the Osaka University Graduate School of Dentistry. All the subjects participated in the study after providing informed consent. Human monocytes were purified from peripheral blood mononuclear cells (PBMCs) isolated from healthy volunteers by

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standard density gradient centrifugation using Histo-Paque 1077 (Sigma–Aldrich, St. Louis, MO). The cells were further purified by magnetic cell sorting with anti-CD14 microbeads (Miltenyi Biotec, Auburn, CA) according to the manufacturer's instructions. The purity of the CD14<sup>+</sup> monocytes was more than 98%. MΦ1 and MΦ2 were generated in complete RPMI-10 (RPMI-1640 containing 10% heat-inactivated fetal calf serum, 20 mM Hepes, 50 μg/ml gentamicin, 100 U/ml penicillin and 100 μg/ml streptomycin) supplemented with GM-CSF (5 ng/ml) or M-CSF (25 ng/ml) for 5 or 6 days, respectively. In some experiments, MΦ1 and MΦ2 were generated in the presence of nicotine (10<sup>-3</sup> M). Nicotine was prepared in PBS and neutralized to pH 7.2. CD4<sup>+</sup> naive T cells were obtained from PBMC-isolated CD4 T cells using a Human CD4<sup>+</sup> T cell isolation kit (Miltenyi Biotec). CD45RA<sup>+</sup> cells were isolated from CD4<sup>+</sup> T cells using CD45RO Microbeads (Miltenyi Biotec).

Analysis of  $M\Phi 1$  and  $M\Phi 2$  surface molecules by flow cytometry. The expressions of surface molecules were evaluated by flow cytometry. Briefly, the cells were incubated with fluorescently labeled monoclonal antibodies at  $10 \,\mu\text{g/ml}$  or isotype-matched control antibodies for 30 min at  $4\,^{\circ}\text{C}$  in the dark. The FITC-conjugated antibodies (anti-CD14 and anti-CD163) and PE-conjugated antibodies (anti-CD1a, anti-CD11b, anti-CD16, and anti-CD206) used were obtained from BD Biosciences (San Jose, CA). The cells were washed twice and data were acquired using a FACSCalibur (BD Biosciences). Analyses of viable cells were performed using the CELLQuest<sup>TM</sup> software (BD Biosciences).

Assays for antigen-uptake activity. To examine the endocytic activity of M $\Phi$ 1 and M $\Phi$ 2, the cells were incubated with 0.1 mg/ml FITC-dextran (Sigma-Aldrich) or Lucifer yellow (Sigma-Aldrich)

for 1 h at  $4\,^{\circ}\text{C}$  or  $37\,^{\circ}\text{C}$ . Cells were washed with PBS and analyzed by flow cytometry.

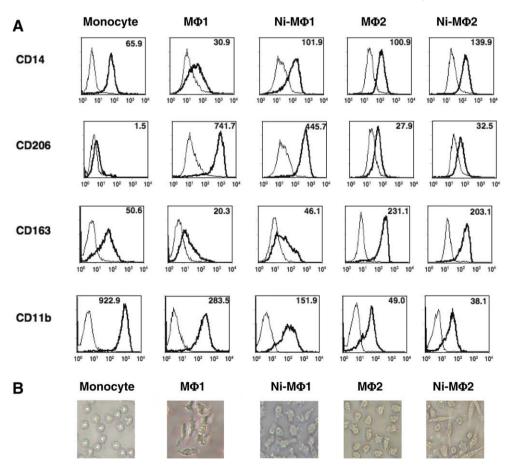
T cell proliferation assay. MΦs were cultured under the above-described conditions for 24 h, treated with mitomycin (50 μg/ml) for 1 h and cocultured with  $1\times10^5$  allogeneic naive CD4  $T^+$  cells for 6 days. The cells were pulsed with  $0.5\,\mu\text{Ci/well}$  of  $^3\text{H-labeled}$  thymidine (Amersham Pharmacia, Buckinghamshire, UK) for the last 8 h of the 6-day culture period, followed by scintillation counting. The results were calculated as the mean cpm values  $\pm$  SD obtained from triplicate cultures.

Assays for cytokine and chemokine production. To measure cytokine secretion, monocytes, M $\Phi$ 1 and M $\Phi$ 2 were stimulated with 10 ng/ml lipopolysaccharide (LPS; Salmonella minnesota; List Biological Laboratories Inc., Campbell, CA) for 24 h, and the supernatants were harvested. The cytokine levels in the supernatants were measured using IL-8, IL-10, IL-12 and MCP-1 ELISA kits (Pierce Endogen, Rockford, IL). Each sample was assayed in triplicate. The supernatants harvested from the above-described allogeneic T cell proliferation assays were measured for their IFN- $\gamma$  and IL-10 levels. In some experiments, T cells were restimulated with a plate-bound anti-human CD3 antibody (2  $\mu$ g/ml; BD Biosciences) for 24 h.

### Results and discussion

Characteristics of surface markers of M $\Phi 1$  and M $\Phi 2$  in the presence or absence of nicotine

Monocytes were differentiated into M $\Phi$ s in the presence of GM-CSF or M-CSF for M $\Phi$ 1 or M $\Phi$ 2, and GM-CSF or M-CSF plus nicotine



**Fig. 1.** Characterization of monocytes, MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2. Monocytes were isolated from PBMCs, and MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2 were generated in parallel from the same donor by culture for 6 days. (A) The surface molecule expressions of CD14, CD206, CD163, and CD11b on the cells were determined by flow cytometry (thick lines). The thin lines represent the isotype-matched control antibodies. Data are representative of 3–6 independent experiments. Monocytes were analyzed at day 0. (B) Morphologies of monocytes, MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2. Data are representative of three independent experiments.

for Ni-M $\Phi$ 1 or Ni-M $\Phi$ 2, respectively. Following a previously described method for differentiation [14], we reproduced similar characteristics of M $\Phi$ 1 and M $\Phi$ 2. M $\Phi$ 1 and M $\Phi$ 2 shared the typical macrophage phenotype of CD1a<sup>-</sup> (data not shown), CD11b<sup>+</sup> and CD14<sup>+</sup>. MΦ1 expressed consistently lower levels of CD14 and CD163 than M $\Phi$ 2, but higher levels of CD206 and CD11b (Fig. 1A). Although some review papers have documented that the expression level of CD206 is higher in M $\Phi$ 2 than in M $\Phi$ 1 [1,2], it seems to depend on the environmental conditions for differentiation. After GM-CSF-mediated differentiation, M $\Phi$ 1 express high levels of CD206 [14,15]. In contrast, M-CSF-derived M $\Phi$ 2 express very low levels of CD206 [14]. CD163, a hemoglobin scavenger receptor, is associated with the nonclassical M $\Phi$ 2 phenotype [16]. In the presence of nicotine, the phenotype of the surface molecules of M $\Phi$ 1 (Ni-M $\Phi$ 1) was somewhat similar to that of M $\Phi$ 2. Ni-M $\Phi$ 1 expressed higher levels of CD14 and CD163 than M $\Phi$ 1. but expressed lower levels of CD206 and CD11b (Fig. 1A). The morphological findings for monocytes, M $\Phi$ 1, Ni-M $\Phi$ 1, M $\Phi$ 2 and Ni-M $\Phi$ 2 are shown in Fig. 1B. M $\Phi$ 2 were less adherent, while Ni-M $\Phi$ 2 exhibited a stretched spindle-like morphology. On the contrary, Ni-M $\Phi$ 1 were adherent, but had rounder and more irregular shapes than M $\Phi$ 1.

The findings shown in Fig. 1 suggested that Ni-M $\Phi$ 1 retained the M $\Phi$ 1 phenotype but were partially skewed to obtain the characteristics of the M $\Phi$ 2 phenotype. Therefore, we speculated that nicotine could promote M $\Phi$ s to obtain M $\Phi$ 2 properties.

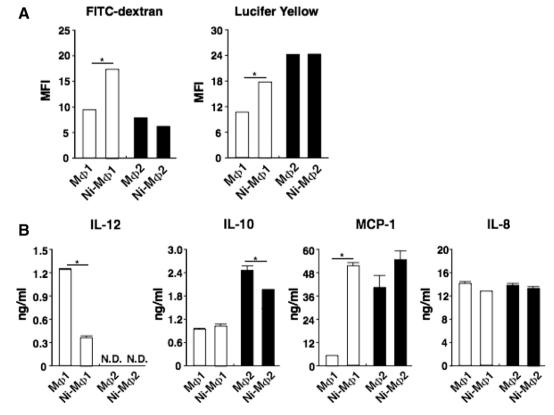
Effects of nicotine on antigen-uptake by Ni-M $\Phi$ 1

To evaluate the antigen-uptake ability of  $M\Phi s$ , lectin-mediated endocytosis and macropinocytosis were examined using FITC-dex-

tran and Lucifer yellow, respectively. Although Ni-M $\Phi$ 1 expressed a lower level of CD206 than M $\Phi$ 1, their uptake of FITC-dextran was more efficient than that of M $\Phi$ 1 (Fig. 2A). A recent study showed that M $\Phi$ 1 expressed a higher level of CD206 than M $\Phi$ 2, but their uptake of FITC-dextran was comparable to that of M $\Phi$ 2 owing to the involvement of lectin-independent mechanisms such as macropinocytosis [14]. The uptake of Lucifer yellow by Ni-M $\Phi$ 1 was also more efficient than that of M $\Phi$ 1 (Fig. 2A). Although the reason why Ni-M $\Phi$ 1 were able to uptake FITC-dextran is unclear, nicotine may induce presently unidentified molecules involved in receptormediated endocytosis. M $\Phi$ 2 have a higher capacity for Lucifer yellow uptake than M $\Phi$ 1 [14]. Our data confirm that M $\Phi$ 2 are active in macropinocytosis-mediated uptake of Lucifer yellow, and that Ni-M $\Phi$ 1 share a strong phagocytic function with M $\Phi$ 2. Unlike  $M\Phi1$ , which have a low capacity for antigen-uptake, Ni-M $\Phi1$  not only had a similar capacity to M $\Phi$ 2 for macropinocytosis but also had strong characteristics for endocytosis.

The cytokine profile of Ni-M $\Phi$ 1 differs from that of M $\Phi$ 1

To investigate the effects of nicotine on cytokine production by M $\Phi$ s, the cytokine production capacities of LPS-stimulated M $\Phi$ s were examined. M $\Phi$ 1 have been reported to produce large amounts of IL-12, whereas IL-10 and MCP-1 are hardly produced [2,3]. Ni-M $\Phi$ 1 produced significantly lower amounts of IL-12 than M $\Phi$ 1, but maintained the production of comparable levels of IL-10. Furthermore, Ni-M $\Phi$ 1 showed a high MCP-1-producing capacity, which is typical of M $\Phi$ 2. IL-8 was produced at constitutively high levels by all cell types. These data suggest that Ni-M $\Phi$ 1 may not be as completely polarized as M $\Phi$ 2, since Ni-M $\Phi$ 1 were unable to produce IL-10 to the same extent as M $\Phi$ 2. However, Ni-M $\Phi$ 1 pro-



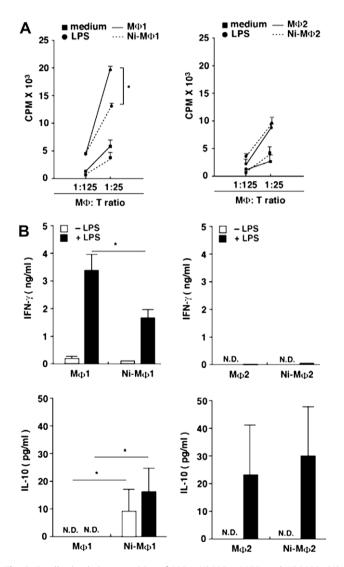
**Fig. 2.** Effects of nicotine on antigen-uptake and cytokine production by MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2. (A) Uptakes of FITC-dextran (0.1 mg/ml) and Lucifer yellow (0.1 mg/ml) by MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2 after 1 h. The results are shown as the mean fluorescence intensity (MFl) values  $\pm$  SD obtained from three independent experiments. The MFl values were calculated as the MFl value at 37 °C minus the MFl value at 4 °C. °P < 0.05 compared with MΦs without nicotine. (B) Cytokine productions by MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2 in the presence or absence of LPS. The data are represent the means  $\pm$  SD from triplicate cultures. The data shown were obtained in one of three or four independent experiments.  $^*P$  < 0.05 compared with MΦs without nicotine.

duced low amounts of IL-12 and large amounts of MCP-1, suggesting that Ni-M $\Phi$ 1 share anti-inflammatory properties with M $\Phi$ 2.

# Ni-M $\Phi$ 1 show hampered T cell stimulatory activities

Next, we examined the induction of T cell proliferation by M $\Phi$ s. LPS-stimulated M $\Phi$ 1 induced strong allogeneic T cell proliferation, compared with M $\Phi$ 2. However, LPS-stimulated Ni-M $\Phi$ 1 resulted in significantly reduced T cell proliferation (Fig. 3A).

IFN- $\gamma$  production by activated T cells cocultured with LPS-stimulated Ni-M $\Phi$ 1 was reduced to almost half the level produced by M $\Phi$ 1 (Fig. 3B). In contrast, Ni-M $\Phi$ 1 exhibited reduced IL-10 production in the presence or absence of LPS stimulation, while M $\Phi$ 1 failed to produce IL-10 (Fig. 3B). M $\Phi$ 2 and Ni-M $\Phi$ 2 were unable to induce IFN- $\gamma$  production, but produced the same levels of IL-10 after LPS stimulation. Taken together, Ni-M $\Phi$ 1 and M $\Phi$ 2 had similar characteristics with respect to the reduction of T cell proliferation and induction of IL-10 production.



**Fig. 3.** T cell stimulation capacities of MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2. (A) Comparisons of the effects of MΦ1, Ni-MΦ1, MΦ2, and Ni-MΦ2 on T cell proliferation. The results represent the mean cpm values  $\pm$  SD obtained from triplicate cultures. The data shown were obtained in one of three independent experiments. 'P < 0.05 compared with MΦ1 without nicotine. (B) Supernatants obtained from T cell proliferation assays were measured for their IFN-γ and IL-10 levels by ELISA. The results represent the mean values  $\pm$  SD obtained from triplicate cultures. The data shown were obtained in one of three independent experiments. 'P < 0.05 compared with MΦ1 without nicotine.

M-CSF-derived MΦs have been reported to induce poor T cell proliferation and T cell anergy [17,18], suggesting that M $\Phi$ 2 have anti-inflammatory effects and function in the maintenance of peripheral tolerance. We confirmed that Ni-M $\Phi$ 1 suppressed T cell proliferation, similar to the case for M $\Phi$ 2, and induced IL-10 production. In the steady-state condition in peripheral blood, GM-CSF, a proinflammatory cytokine, is hardly detected [19] whereas M-CSF is detectable [20]. As an inflammatory condition, ulcerative colitis (UC) is characterized by epithelial barrier disruption and abnormal immune responses, which induce the formation of ulcer-like lesions [21]. In UC patients, nicotine in cigarette smoke may be involved in ameliorating the disease severity, although the mechanisms remain unclear [10]. In the case of periodontal diseases, smokers tend to demonstrate reduced clinical inflammatory signs (bleeding on probing, tissue redness and edema) [11,12]. These findings for both UC and periodontal diseases suggest that cigarette smoke including nicotine can conceal the actual signs of disease severity, although nicotine may also contribute to UC remission. Our present data suggest that nicotine induces M $\Phi$ s possessing anti-inflammatory and immunosuppressive properties in GM-CSF-dominant inflammatory regions. In this study, we have shown that nicotine modulates  $M\Phi$  functions. However, the findings do not completely explain the effects of nicotine on human health because several kinds of cells express nAChRs and can respond to nicotine. Further studies are necessary to clarify the effects of nicotine.

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